

Creator G-d,

Thank you for infusing your Self into all you've created. Thank you for putting on flesh to come and live among your Creation. Being G-d, you could have arrived any way you wanted to: in thunderclouds, on a meteorite, or even cruising down from heaven in a Lamborghini spacecraft.

But you didn't. You chose to go through the dangerous, bloody process of birth, and to be born to so-called nobodies, amongst animals, in a stable!

Lord, were you born today, in the midst of the COVID-19 crisis, your mother may have lived in a crowded household where social distancing is impossible. If your grandmother were to get critically ill with COVID-19, she may have been one of those able to recover with the help of a ventilator, but whom instead passed away, because hospitals were at capacity and she wasn't on medical aid.

May this possibility stir in us the deep desire to broaden our perspective of who is family and who is our neighbour.

Mother G-d, please remind us, daily, that we are all made of the same dust and breathe. Remind us that we are connected to all Creation.

Mother G-d, please strengthen our frontline workers. Be with those performing medical duties and those sanitising surfaces. Divine Breath, would you breathe new life into the battle-weary, especially now as more contagious strains of COVID-19 are spreading in the UK and here in South Africa.

Father G-d, we are facing powerlessness more often now than ever. Please help us to settle into your Flow instead of fighting it.

We confess that at times we've grown weary of wearing masks and social distancing. We've left room for the transmission of this virus.

Mother G-d, help us to do what we know must be done to stay safe from COVID-19 this Christmas.

Gracious G-d, have mercy on us. Strengthen us whom are battling to stay afloat. Comfort us who mourn.

Divine All, thank you for being Incarnate as Life in all its forms.

Thank you for showing up in the breath of wind which move the seas, the same breath that fills our lungs.

On this day Lord, we remember your human incarnation and the full life you lived as an example to us. Help us to stay tethered to your ways of humility, peace and justice, especially when we feel unworthy or weary.

And now Divine Breath, as we celebrate your human incarnation, would you help us to lean into joy with an ease which surpasses understanding? Help us unwind so we can celebrate today with gusto. Open us up to delight and allow us to invite light into our homes.

Amen.

Levi Daniels
Candle Prayer for Peace, Hope and Justice
Christmas Day 2020